

Preparing for success with . . .

Your EDUCATION



Your JOB



Your FRIENDS



Motor City Clubhouse

Call 313-308-1400

and ask for an

Adult Services Team Lead

Mission:

Northeast Guidance Center is committed to the health of children, adults and families by providing innovative community-based services through behavioral and primary healthcare.



www.neguidance.org

June 2017



northeast
GUIDANCE CENTER

YOUTH IN TRANSITION

Ages 18 – 25

You Are the Future



YOUR HEALTH. OUR MISSION.

**Northeast Guidance Center
2900 Conner Ave., Bldg. A
Detroit, MI 48215
313-308-1400**

Your City Needs You

Your Community Needs You

You Need You

YOUTH IN TRANSITION SERVICES

are offered to **ALL** young adults age **18 to 25** at **Northeast Guidance Center's Adult Services Clinic**

- Individual behavioral health counseling
- Group Counseling — Anxiety, Anger Management, Substance Abuse, Smoking Cessation
- Case Management Services and Referrals
- Supportive Housing – a place to live
- Supported Employment – a place to work
- Motor City Clubhouse—psychosocial rehabilitation and transitional employment (2900 Conner Ave., Building B)
- Medication Management

Adult Services Clinic:

12800 E. Warren
Detroit , MI 48215
313-308-1400

Northeast Guidance Center actively works to foster an inclusive environment that recognizes the value and contributions of all persons regardless of race, ethnicity, national origin, gender, religion, age, marital status, sexual orientation, gender identity or disability.

What is Youth In Transition?

Youth in Transition (Y.I.T.) is a therapeutic milieu offering educational, social and vocational groups for young people between the ages of 18-25 years old.

The goal is to provide transitioning young adults with the tools, information and support to recover as positive role models. Y.I.T. will help:

- Build motivation for recovery
- Avoid the trap of substance abuse
- Focus on skill-building techniques
- Complete your GED, enroll in College or Vocational Training
- Provide positive reinforcement
- Prevent falling through the "CRACKS"

Y.I.T. is held every Monday and Wednesday from 5-6:30pm at the Motor City Clubhouse, 2900 Conner Ave., Bldg. B, and focuses on three recovery domains: Social, Educational and Vocational.

In addition, all Y.I.T. members will participate free of cost in at least one Saturday per month activity like * Movies * Museum * Library * Cultural Events, etc.

Join us on this exciting journey of a lifetime! The program will benefit you financially, socially and educationally.

**You will WIN with this program.
Join NOW!**

Call about transportation and other information at 313-308-1400 and ask for a Team Lead in Adult Services.

Why engage in Youth In Transition?

- ◇ Decreased problems with daily living
- ◇ Increased sense of joy and contentment
- ◇ Repaired and enhanced relationships
- ◇ Improved functioning at work, often leading to financial stability
- ◇ Increased activity, reduced social isolation
- ◇ Fewer doctor visits for physical symptoms
- ◇ Decreased use of mental health inpatient facilities
- ◇ Increased quality of life and overall life satisfaction
- ◇ Builds hope in hopeless situations life can bring
- ◇ Helps increase self confidence
- ◇ Allows for monitored progress toward one's individual goals
- ◇ Increases healthy peer interactions

