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Kruize4Kids sails Tuesday, August 6, 5:30-9:30 p.m. from Jefferson Beach Marina in St. Clair Shores. Tickets are \$150; Sponsorships are available. CLICK [Kruize4Kids](#) or call NEGC at 313.308.1416.

Northeast Guidance Center's signature event, Kruize4Kids, will set sail on the Ovation yacht from Jefferson Beach Marina in St. Clair Shores on **Tuesday, August 6** raising funds for children's programs such as Camp Kelly.

The annual fundraiser takes place on the beautiful 138-foot luxury yacht which travels the international waterways of Lake St. Clair and the Detroit River on a three-hour cruise. The tri-level Ovation offers a magnificent full-length main dining salon and second level cocktail lounge with outdoor aft deck, while the third level is an extensive sundeck with full-service bar and open-air dance floor. The Lafayette Park menu features an array of original recipes made with hand-selected, farm-fresh ingredients, artistically prepared in the onboard galley kitchens. Guests enjoy delectable cuisine as they stroll the salons punctuated with creative food displays and stations. Kruize4Kids is a wonderful way to honor employees (thank you StoneCrest Center for purchasing tickets for their leadership team), entertain business partners or just have fun with family and friends. And everyone leaves with a Thank You gift!

NEGC is a 501c3 non-profit organization committed to the health of children, adults and families by providing innovative community-based services through behavioral and primary healthcare. A portion of your ticket or sponsorship purchase is tax deductible.

STOP THE SILENCE. HELP END THE VIOLENCE.

Northeast Guidance Center and CNS Healthcare co-hosted the annual community Anti-Stigma Forum on May 2nd at Salvation Army Conner Creek. This year's topic for discussion was SUICIDE PREVENTION: A Paradigm Shift in Mental Health that was presented by keynote speaker Sean Campbell. Other speakers, including Sherry McRill, Pres. & CEO NEGC, Michael Garrett, Pres. & CEO CNS Healthcare, Dr. Michele Reid, CNS Healthcare's Chief Medical Officer, Steve Windom, American Foundation for Suicide Prevention, Gail Urso, Kevin's Song, along with a special message from U.S. Senator Gary Peters by video, discussed the impact of the suicide epidemic with a focus on wellness, zero suicide in healthcare, and the importance of education and awareness regarding the stigma of mental health. CNS Healthcare's Anti-Stigma Team presented personal stories on their recovery.

An afternoon workshop facilitated by Sean Campbell and Amy Stern, LMSW-CNS Healthcare, provided CEUs for professional social workers on topics presented by Carmie Buhalis, Kevin's Song (Loss Survivor Support), Kevin Fischer, NAMI Michigan (Parental & Family Grief), Amanda Stein, MSW-Survivor (Attempt Survivor Support) and Sean Campbell (Supporting Someone Who Feels Suicidal).

Thank you to our sponsors and volunteers:

The Drifters Incorporated-Detroit Chapter, Kevin's Song, Michigan 14th Congressional Democratic District, Vision Fair Foundation & Tau Alpha Omega Chapter of Alpha Kappa Alpha Sorority, Inc.

We appreciate the support of Delta Sigma Theta Sorority-Detroit Alumnae Chapter, Great Lakes (MI) Chapter The Links Incorporated, NAMI Michigan, The Salvation Army Conner Creek, CNS Healthcare staff & Clubhouse members and NEGC staff & Clubhouse members who helped plan, promote and volunteer at the event.

GROSSE POINTE NEWS, MAY 16, 2019

2B | FEATURES

Northeast Guidance Center board members make a difference

Dr. Michele Reid, Northeast Guidance Center board vice president, was recognized for her professional accomplishments on behalf of the seriously mentally ill in Michigan by the National Alliance on Mental Health, the largest grassroots mental health organization dedicated to improving the lives of persons living with serious mental illness and their families.

Reid currently is the chief medical officer at CNS Healthcare in Novi. She has served in various leadership roles in professional organizations, including the American



Dr. Michele Reid

College of Psychiatrists. Reid has a Bachelor of Arts degree from Fisk University and a doctorate from Meharry Medical College. She did her internship and psychiatric residency at Wayne State University, Department of Psychiatry



Michele Williams

and Behavioral Neurosciences, Detroit Psychiatric Institute and Detroit Medical Center.

Michele Williams, executive director of Leadership Resource Consulting and Northeast Guidance Center Human Resource

Board Committee chairwoman, was recognized as an HR Woman of Distinction by Crain's Detroit for her change agent work in nonprofits in her field of human resources. Williams' Leadership Resources Consulting provides human resources best practices to clients in need and analyzes human resource issues, such as policy gaps, performance management concerns, organizational structure and processes. Williams has a Master of Business Administration degree from the University of Detroit Mercy.

2019 MI-AIMH Biennial Conference

Infant and early childhood social workers require a passion for helping people and a commitment to social justice. Our dedicated staff attended the **Michigan Association for Infant Mental Health** May Conference for professional development training to address issues impacting infants, young children and families.



Kandace Moss, Cotrena Chambliss, Evon Foster, Majida King, Adrian Emerick, Zipporah Bolar, Kelly Chaiken & Cora Coleman



#yougottaloveapplesauce

Apples, pears, cherries, peaches, apricots, blueberries, grapes and raspberries! Our fruit resource is expanding. **The Fruit Tree Planting Foundation** helped NEGC plant a variety of 35 apple, pear and cherry trees in the lot next to the Motor City Clubhouse Urban Garden. Funding for the orchard came from **vitafusion Gummy Vitamins**. Wayne Metropolitan Community Action Agency (plants & seed for urban garden) and Junior League of Detroit (fence) also awarded grants to NEGC. Thank you Motor City Clubhouse volunteers, staff, Kendra Williams, George McMullen and H-D Landscaping for the mulch donation.



NEGC will have a Farm Stand at **Detroit Eastern Market's TUESDAY MARKET** beginning June 4th through September 24th from 9am-3pm. Visit us!

The first few weeks we will have lettuce, kale, radishes and collards with more produce filling our stand every Tuesday. If you're interested in helping harvest (Mondays) or working at the stand, contact Development at 313.308.1416 to volunteer.



FIND A ROCK IN THE COMMUNITY

NEGC had a great location for our resource table next to our suicide prevention partner **Kevin's Song** at the **American Foundation for Suicide Prevention-Michigan Chapter's Out of the Darkness Walk & Mental Health Fair** at Grosse Pointe North High School in May. Maybe you'll find a rock planted in the community labeled with the National Suicide Prevention Lifeline **1-800-273-TALK**. It could save a life.



Visit our Website

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